to increase parents’ capacities to care for and protect their children. The goal of educating and sharing techniques in parenting, can improve communication between parents and children, and improve child behaviour. WEI/B has learned the following lessons:

1. **Engaging Parents and Community**: To sustainably shift the culture of violence against children, parents need to feel equipped to create a safe environment for their children. Engaging parents and community members in the design and implementation of interventions is crucial.

2. **Addressing Root Causes**: Addressing the root causes of violence, such as poverty, lack of access to education, and gender inequality, is essential. This involves creating a supportive environment that promotes understanding and respect for all children.

3. **Sustainable Approaches**: We need to develop sustainable programs that can be replicated and scaled up. This requires a collaborative approach with government, NGOs, and other stakeholders.

**KEY LESSONS**

- **Engaging Parents and Community**: Engaging parents and community members in the design and implementation of interventions is crucial.
- **Addressing Root Causes**: Addressing the root causes of violence, such as poverty, lack of access to education, and gender inequality, is essential.
- **Sustainable Approaches**: We need to develop sustainable programs that can be replicated and scaled up.

**APPROACH**

Bantwana built on lessons learned in early phases of the programme. They developed a positive parenting model that focuses on building parents’ capacities to care for and protect their children. This model includes strategies to reduce stress and anger, promote family-based practices, and establish rules and routines.

**Key Activities**

- Keep calm and make a plan to keep teens safe.
- Working together to create a plan for managing a crisis.
- Be aware of your own emotions.
- Following the children’s lead.
- Spending time together to get to know each other.
- Praise builds positive relationships.
- Having goals can help us save money.
- Take everybody’s opinion seriously.
- Peaceful solutions for family problems are possible.
- Be aware that stress and anger are part of life.
- Promote family-based practices that contribute to sexual violence prevention.
- Rules and routines keep families secure and reduce stress.
- Rules should be simple and clear for all members in the family.
- Reducing stress about money can reduce family stress.
- Having goals can help us save money.
- Take everybody’s opinion seriously.
- Peaceful solutions for family problems are possible.
- Be aware of your own emotions.
- Following the children’s lead.
- Spending time together to get to know each other.
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